

Year 12,13 Curriculum map and summary

	Intention	Implementation	Impact
Core PE	<p>In year 12 and 13 you will be presented with a wide range of options for your PE Enrichment sessions. The reason for this is to reflect the fact that after school Physical activity is a personal choice. By giving choice it will improve the chances of a student embedding Healthy, active lifestyle habits.</p> <p>The intention is also to raise the awareness of career links and employment opportunities with Health and Sport beyond school</p>	<p>Students will be presented with a range of choices including:</p> <ul style="list-style-type: none"> Team games Individual games Health and fitness training Outdoor Adventurous activities <p>In addition, students will be given the opportunity to choose to either extend their ability and confidence in a specific sport or activity or to continue experiencing a wide range of new activities</p> <p>All students will receive a presentation and advice on the potential career links and employment opportunities within Health and Sport</p>	<p>The impact of this programme will be an increased knowledge and understanding of what contributes to a healthy, active lifestyle</p> <p>This will include the importance of:</p> <ul style="list-style-type: none"> Active lifestyle Healthy balanced diet Adequate sleep Lifestyle choices <p>In addition, students will have gained many of the specific skills required to participate in a range of activities. As a result, this will improve mental, physical and social health</p> <p>Students will have an improved awareness of the potential career links and employment opportunities with Health and Sport</p>
A Level PE	<p>The intention of the A Level course is to deliver the specification units in an individually relevant way.</p> <p>In addition, the intention is to raise the awareness of career links and employment opportunities with Health and Sport beyond school</p>	<p>To deliver the following units:</p> <ul style="list-style-type: none"> Applied Anatomy and physiology Exercise physiology Biomechanics Skill acquisition Sports psychology Sport and society <p>Contemporary issues in Sport and physical activity</p> <p>Practical performance in one sport</p> <p>Evaluation and analysis of performance for improvement (EAPI)</p>	<p>The impact will be complete coverage of the specification in a way that brings about an advance and holistic understanding of the subject. This will help to provide the basis not only for lifelong healthy habits and routines, but also to prepare students for either a career directly in Health, Sport or Physical activity or for a progression to further study in Higher Education or as an apprentice.</p>

<p>BTEC Level 3 PE</p>	<p>The intention of the BTEC Level 3 course is to deliver the specification units in an individually relevant way which reflects the diverse range of career opportunities and specialisms with Health, Sport or Physical activity.</p> <p>In addition, the intention is that the course is assessed using a range of assessment options in a vocational context</p> <p>In addition, the intention is to raise the awareness of career links and employment opportunities with Health and Sport beyond school</p>	<p>To deliver the following units:</p> <p>Anatomy and physiology Fitness training and programming Professional development in Sport Sports coaching for performance Application of fitness testing for Sport and exercise Sports psychology Practical sport performance Sports leadership Research methods in Sport Sports event organisation Development and provision of Sport Investigating business in Sport and the active leisure industry Skill acquisition in Sport Rules, regulations and officiating in Sport.</p>	<p>The impact will be complete coverage of the specification in a way that brings about an advance and holistic understanding of the subject.</p> <p>This will help to provide the basis not only for lifelong healthy habits and routines, but also to prepare students for either a career directly in Health, Sport or Physical activity or for a progression to further study in Higher Education or as an apprentice.</p>
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